

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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2
 9:00 Morning Mass
 10:00 Yoga
 10:30 Music & Singing
 1:00 Meditation on the Patio
 1:30 Walk it Off
 2:15 Movie: Shop Around the Corner
 3:00 Cards and Games

3
 10:00 Dumbbell Exercises
 10:30 Drawing Demonstration
 11:00 Community Project
 1:00 Current Events
 1:30 Nail Painting
 1:30 Walk it Off
 2:00 DIY Project: Card Making
 3:00 Mimosa Monday
 6:00 Nature Documentary

4
 10:00 Thera Bands
 10:30 Travel with Rick
 Steves: Austria – Italian Alps
 1:00 TED Talk & Discussion
 1:30 Walk it Off
 2:00 Book Club
3:00 Engagement Forum
 6:00 Movie: Tootsie

5
 10:00 **Barre with the PTs**
 10:30 Lifelong Rehab program
 1:00 Current Events
 1:30 Walk it Off
2:00 GLEE Club
 3:00 Cocktails & Resident Demo
 4:00 Gardening Club
 6:00 Historical Documentary

6
 10:00 TheraBands
 10:45 Baking for Heroes
 1:00 TED Talk & Discussion
 1:30 Walking Club
 2:00 Poetry
 3:00 Iced-Tea and Tales
 6:00 Movie: The Notebook

7
 9:00 Morning Mass
 10:00 Strength at the Barre
 10:45 Art Studio: Painting
 1:00 Current Events
 1:30 Walking Club
 2:00 Resident Lecture
 3:00 Pub Social
 6:00 Crime Documentary

1/8
 10:00 Strength Training
 10:45 Today in History Discussion
 1:00 Bridge & Games
 1:30 Walk it Off - Indoor
 2:15 Movie: North by Northwest
 3:00 Meditation on the Patio

9 Mother's Day
 9:00 Morning Mass
 10:00 Yoga
 10:30 Music & Singing
 1:00 Meditation on the Patio
 1:30 Walk it Off
2:00 Mother's Tea Party
 2:30 Movie: Mamma Mia
 3:00 Cards and Games

10 Spa Day
 10:00 Dumbbell Exercises
 10:30 Shoulder Massages
 1:00 Mindfulness Practice
 1:30 Nail Painting
 1:30 Walk it Off
 2:00 DIY project: hand-scrub
3:00 Michael Leidig Piano Performance
 6:00 Nature Documentary

11
 10:00 Thera Bands
 10:30 Travel with Rick
 Steves: Salzburg
 1:00 TED Talk & Discussion
 1:30 Walk it Off
 2:00 Bingo
3:00 Welcome Committee
 6:00 Movie: Forest Gump

12 Nurse's Day
 9:00 Morning Mass
 10:00 Strength at the Barre
 10:30 Travel Continued
 1:00 Current Events
 1:30 Walk it Off
2:00 GLEE Club
 3:00 Nurse Appreciation Social
 4:00 Gardening Club
 6:00 Historical Documentary

13
 10:00 TheraBands
 10:45 Create in the Kitchen
 1:00 TED Talk & Discussion
 1:30 Walking Club
 2:00 Poetry
 3:00 Iced-Tea and Tales
 6:00 Movie: I'll See you in my Dreams

14
 9:00 Morning Mass
 10:00 Strength at the Barre
 10:45 Art Studio: Painting
 1:00 Current Events
 1:30 Walking Club
 2:00 Virtual Lecture
3:00 Working Man's Duo
 6:00 Crime Documentary

15
 10:00 Strength Training
 10:45 Today in History Discussion
 1:00 Bridge & Games
 1:30 Walk it Off - Indoor
 2:15 Movie: Walk the Line
 3:00 Meditation on the Patio

16
 9:00 Morning Mass
 10:00 Yoga
 10:30 Music & Singing
 Meditation on the Patio
 1:30 Walk it Off
 2:15 Movie: Judy
 3:00 Cards and Games

17
 10:00 Dumbbell Exercises
 10:30 Drawing Demonstration
 11:00 Community Project
 1:00 Current Events
 1:30 Nail Painting
 1:30 Walk it Off
 2:00 DIY: Floral Arrangements
3:00 Bloody Mary Monday
 6:00 Nature Documentary

18
 10:00 Thera Bands
 10:30 Travel with Rick
 Steves: Vienna
 1:00 TED Talk & Discussion
 1:30 Walk it Off
 2:00 Bingo
3:00 Resident Council
 6:00 Movie: Hidden Figures

19
 9:00 Morning Mass
 10:00 Strength at the Barre
 10:30 Travel Continued
 1:00 Current Events
 1:30 Walk it Off
2:00 GLEE Club
 3:00 Cocktails & Resident Demo
 4:00 Gardening Club
 6:00 Historical Documentary

20
 10:00 TheraBands
 10:45 Create in the Kitchen
 1:00 TED Talk & Discussion
 1:30 Walking Club
 2:00 Poetry
 3:00 Iced-Tea and Tales
 6:00 Movie: Strangers on a Train

21
 9:00 Morning Mass
 10:00 Strength at the Barre
 10:45 Art Studio: Painting
 1:00 Current Events
 1:30 Walking Club
 2:00 Resident Lecture
 3:00 Pub Social
 6:00 Crime Documentary

22
 10:00 Strength Training
 10:45 Today in History Discussion
 1:00 Bridge & Games
 1:30 Walk it Off - Indoor
 2:15 Movie: The Post
 3:00 Meditation on the Patio

23
 9:00 Morning Mass
 10:00 Yoga
 10:30 Music & Singing
 1:00 Meditation on the Patio
 1:30 Walk it Off
 2:15 Movie: Philomena
 3:00 Cards and Games

24
 10:00 Dumbbell Exercises
 10:30 Drawing Demonstration
 11:00 Community Project
 1:00 Current Events
 1:30 Nail Painting
 1:30 Walk it Off
 2:30 **Mass with Father Dave**
 3:00 Margarita Monday
 6:00 Nature Documentary

25
 10:00 Thera Bands
 10:30 Travel with Rick
 Steves: Little Europe
 1:00 TED Talk & Discussion
 1:30 Walk it Off
 2:00 Book Club
3:00 Health and Wellness
 6:00 Movie: Stage Door

26
 9:00 Morning Mass
 10:00 Strength at the Barre
 10:30 Travel Continued
 1:00 Current Events
 1:30 Walk it Off
2:00 GLEE Club
 3:00 Cocktails & Resident Demo
 4:00 Gardening Club
 6:00 Historical Documentary

27
 10:00 TheraBands
 10:45 Create in the Kitchen
 1:00 TED Talk & Discussion
 1:30 Walking Club
 2:00 Poetry
 3:00 Iced-Tea and Tales
 6:00 Movie: High Noon

28
 9:00 Morning Mass
 10:00 Strength at the Barre
 10:45 Art Studio: Painting
 1:00 Current Events
 1:30 Walking Club
 2:00 Virtua Lecture
 3:00 Pub Social
 6:00 Crime Documentary

29
 10:00 Strength Training
 10:45 Today in History
 1:00 Bridge & Games
 1:30 Walk it Off - Indoor
 2:15 Movie: An American in Paris
 3:00 Meditation on the Patio

30
 9:00 Morning Mass
 10:00 Yoga
 10:30 Music & Singing
 1:00 Meditation on the Patio
 1:30 Walk it Off
 2:15 Movie: Dial "M" for Murder
 3:00 Cards and Games

31 Memorial Day
 10:00 Dumbbell Exercises
 10:30 Drawing Demonstration
 11:00 Community Project
 1:00 Current Events
 1:30 Walk It Off
 2:00 DIY Project: Door Wreath
 3:00 Mojito Monday & Memorial Day Program
 6:00 Nature Documentary

SPRING
 showers
 BRING MAY
 FLOWERS



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